### EAP in the C-Suite: Working With Impaired Executives

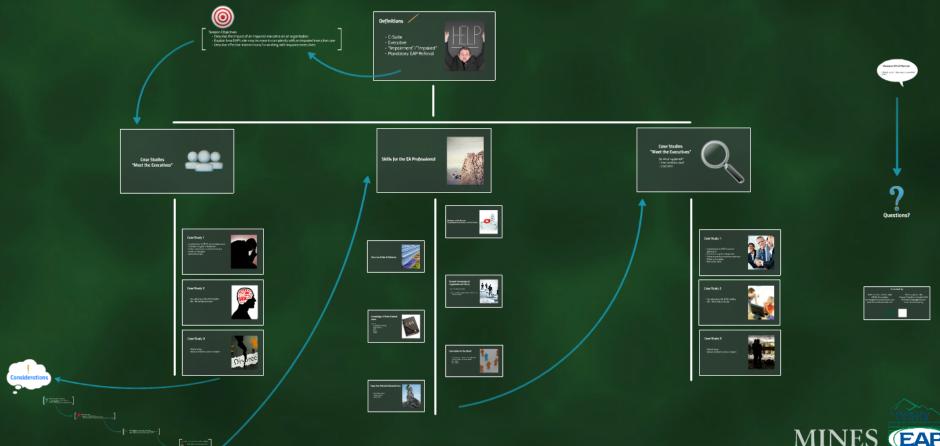


Robert A. Mines, Ph.D., CEO MINES & Associates

Whitney Stone, LPC Chapter President, Colorado EAPA



Prepared for The International Employee Assistance Association





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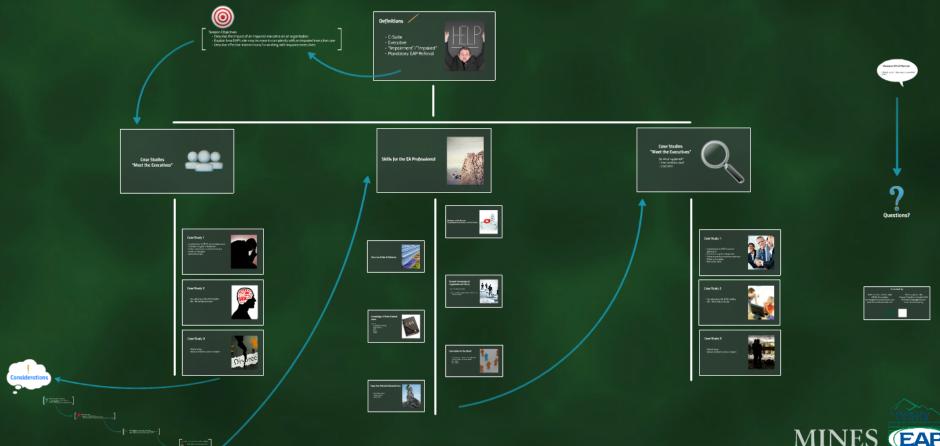


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# EAP in the C-Suite: Working With Impaired Executives



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### Session Objectives

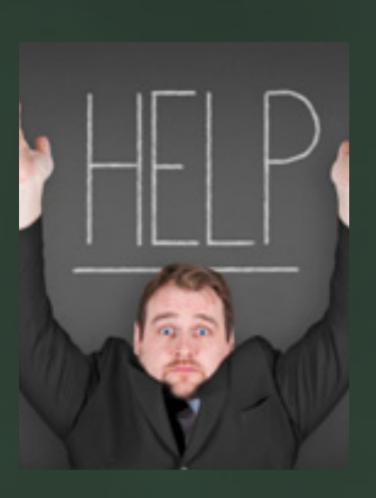
- Describe the impact of an impaired executive on an organization

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- Explain how EAP's role may increase in complexity with an impaired executive case
- · Describe effective interventions for working with impaired executives



### **Definitions**

- C-Suite
- Executive
- "Impairment"/"Impaired"
- Mandatory EAP Referral

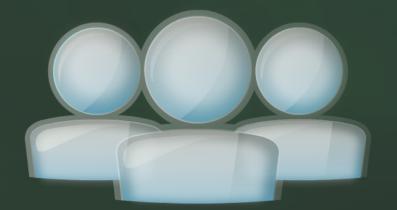




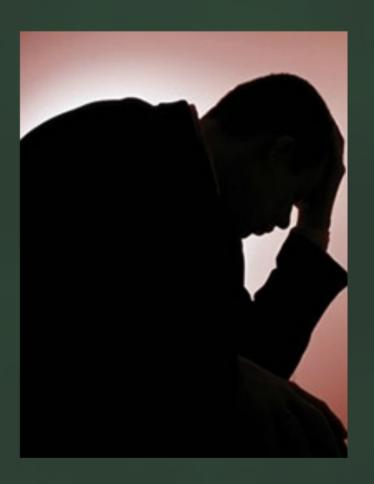
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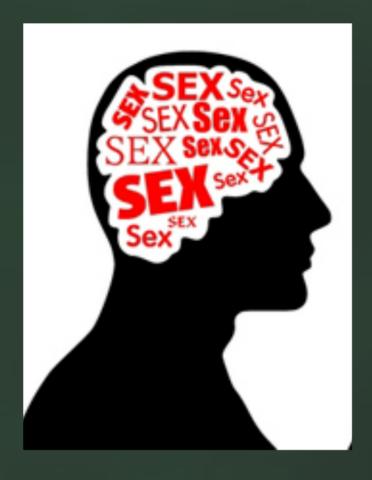
Case Studies
"Meet the Executives"



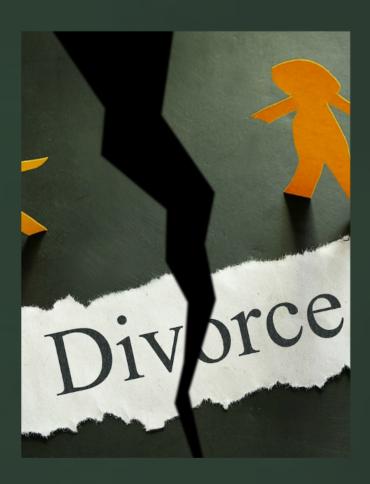
- Impaired due to ETOH use and depression
- Finances not given in 6 quarters
- Failure at previous treatment attempts
- Drank on the plane
- Narcissistic traits



- Sex addiction with EEOC liability
- 20 30 females affected



- Marital stress
- Spouse worked at same company



# Considerations



### What kind of organization are we supporting?

- Non-profit, union, restaurant owner, small business...
- Who are the stakeholders?
- What (if any) additional resources in the organization accessing?



### Numerous referral paths

- Board, another executive, HR...Self?
- Often begins as a management consultation with referrer
- Help identify the risks, ideal outcomes, goals and intervention options; help make a plan



### Similarities & Differences compared to a non-executive referral

- Similar: professional, resistance to mandatory referrals, susceptible to human error
- Different: possibly higher power/ authority, status, ease of access (\$)

### Assess the Risks - Know the Vulnerabilities, Liabilities, and Obligations



- To the EAP/ Case Manager/Counselor
- To the Client Organization
- To the Executive

isks - Know the Vulnerabilities, Liabilities, and Obligatio

To the EAP/ Case Manager/Counselor

• To the Client Organization ... Public relations/media ... Effect on other replacements of the confidence (Confidence Confidence Co

To the Executive - Reputation - Inspector confidence

- Legal liability?
- Business implications

To the EAP/ Case Manager

To the Client Organization

To the Executive

Reputation

Loss of revenue

Impact on confidence/self esteem

- Public relations/media
- Effect on other employees
- Loss of intellectual capital/slowdown in productivity
- Loss of revenue (contracts)

To the Client Org

To the Executive

- Reputation
- Loss of revenue
- Impact on confidence/self esteem

### Assess the Risks - Know the Vulnerabilities, Liabilities, and Obligations



- To the EAP/ Case Manager/Counselor
- To the Client Organization
- To the Executive

Skills for the EA Professional



Awareness of your dual role -Supporting the Organization and the Executive



**Documentation & Releases** 



# General Knowledge of Organizational Theory

- Maturity of organization
- When to bring in organizational interventions
  - Who can help?



# Knowledge of State/Federal Laws

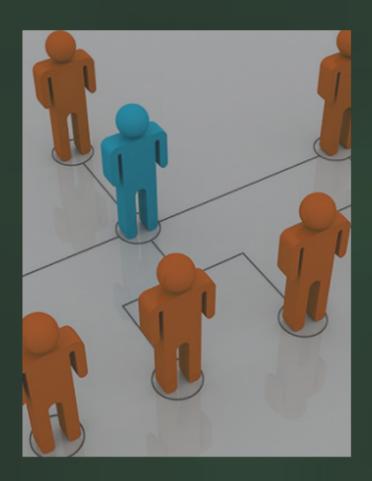
### Such as:

- Mandatory Reporting
- Public Safety
- ADA
- EEOC
- HIPAA



### **Connection to the Client**

- Transparency-"private" vs "confidential"
- Clarity of roles and expectations
- Boundaries
- Availability



### **Know Your Potential Vulnerabilities**

- Intimidation factor
- "Power-struck"
- Taking sides



# Case Studies "Meet the Executives"

So what happened?

- Interventions used
- Outcome



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### **Discussion: Ethical Dilemmas**

- What do you do if they go against your advice?
- Other?



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