

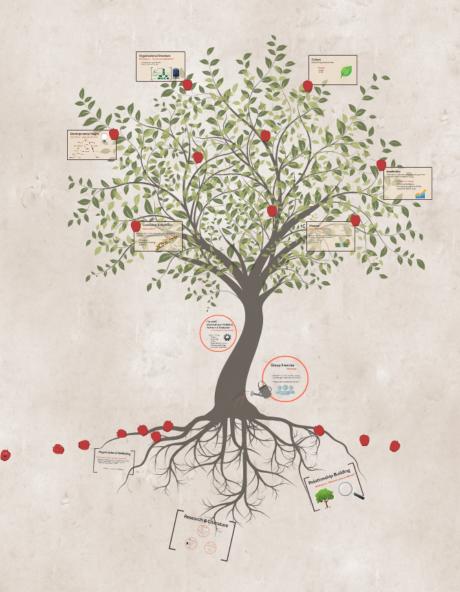
Daniel C. Kimlinger, PhD Human Resources & Organizational Psychology Leader MINES & Associates

Patrick J. Hiester, MA, LPC Account Manager MINES & Associates

#### **Objectives**

- Identify characteristics of healthy versus unhealthy organizations
   Apply tools and principles develop organizational health strategies
   Implement strategies to increase the health of work organizations.





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# Organizational Wellbeing

# Evolution of preventative organizational assessment

- a) Behavioral Risk Assessment Based on Rudy Yandrick
- b) Organizational Culture Assessment Synthesis
- c) Organizational Wellbeing OWIE

Wellness ------ Wellbeing

# Relationship Building

Wellness vs. "What are your problems?"



# Research & Literature

#### Gallup Study of Wellness

Studied:

- Engagement
- · Workplace Culture



5,000 n

Individual wellbeing — Future Engagement

- · High individual wellbeing people see workplace as positive, productive, and engaging.
- Employee engagement in year one affected future wellbeing culture and wellbeing culture change.

#### CNR Study-National Research Council

Studied "Organizational Wellness"



- Concluded 6 dimensions of wellness
- Tomorrow
- Staff Management Area Inside and Outside Area
- · Resource Area
- Work Area
- · Participation & Accountability Area

Pursuit of Organizational Well-Being van Replanat Study in a Public Research Agency Eliza Colinand Antarialla Placetto journal of Sacial Sciences and Hammity Vel 2 No. 2 2/2/2013

#### Patrick Lencioni - The Advantage

An Organization has integrity - is healthy- when it is whole, consistent and complete, that is, when its management, operations, strategy and culture fit together and make sense."

- Patrick Lencioni -The Advantage

2 requirements for success:

Smart & Healthy



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#### Studied:

- Engagement
- Wellbeing
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#### Individual wellbeing ——



### **Future Engagement**

- High individual wellbeing people see workplace as positive, productive, and engaging.
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"How to Create a Culture of Organizational Wellbeing" Business Journal 3/19/2013

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The Pursuit of Organizational Well-Being-an Exploratory Study in a Public Research Agency Elisa Colì and Antonella Rissotto Journal of Social Sciences and Humanity Vol 3 No. 2 3/2013

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**Teamwork** 

 Identify 1 or 2 of the healthiest & least healthy organizations you are aware of:

What are the characteristics of each?



# The OWIE Organizational Wellbeing Inventory & Evaluation

A Tool to Create Essential Dialogue

#### 6 Areas of Focus:

- Finance
- Leadership
- Culture
- Organizational Structure
- Developmental Stages
- · Constraints & Workflow



# 6 Areas of Focus:

- Finance
- Leadership
- Culture
- Organizational Structure
- Developmental Stages
- Constraints & Workflow





Financial-Wellbeing

- Dialogue with leadership about finances, accounting, & financial practices
- Evaluation of financial documentation
  - Balance sheet
  - Income statement
- Projection modeling



# Leadership

Discussion of leadership expectations of organization related to culture and abilities

## **Discussion of Theories**

- Emotional Intelligence
- Intellectual & Cognitive Abilities
- Leadership Style & Traits

# Culture

Overview of organizational culture

# **Theories**

- Schein
- Kotter



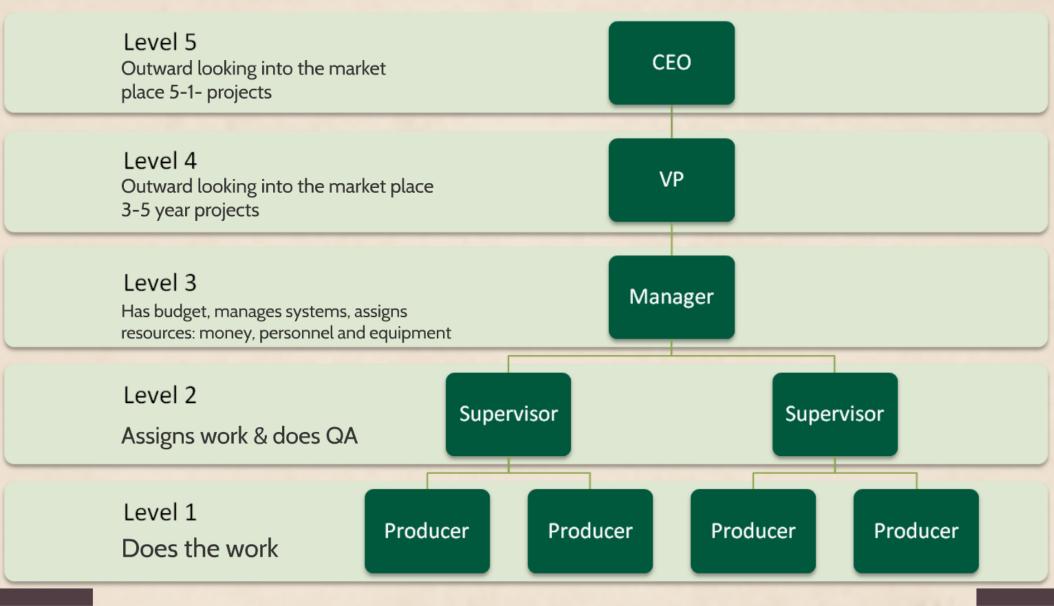
# Organizational Structure

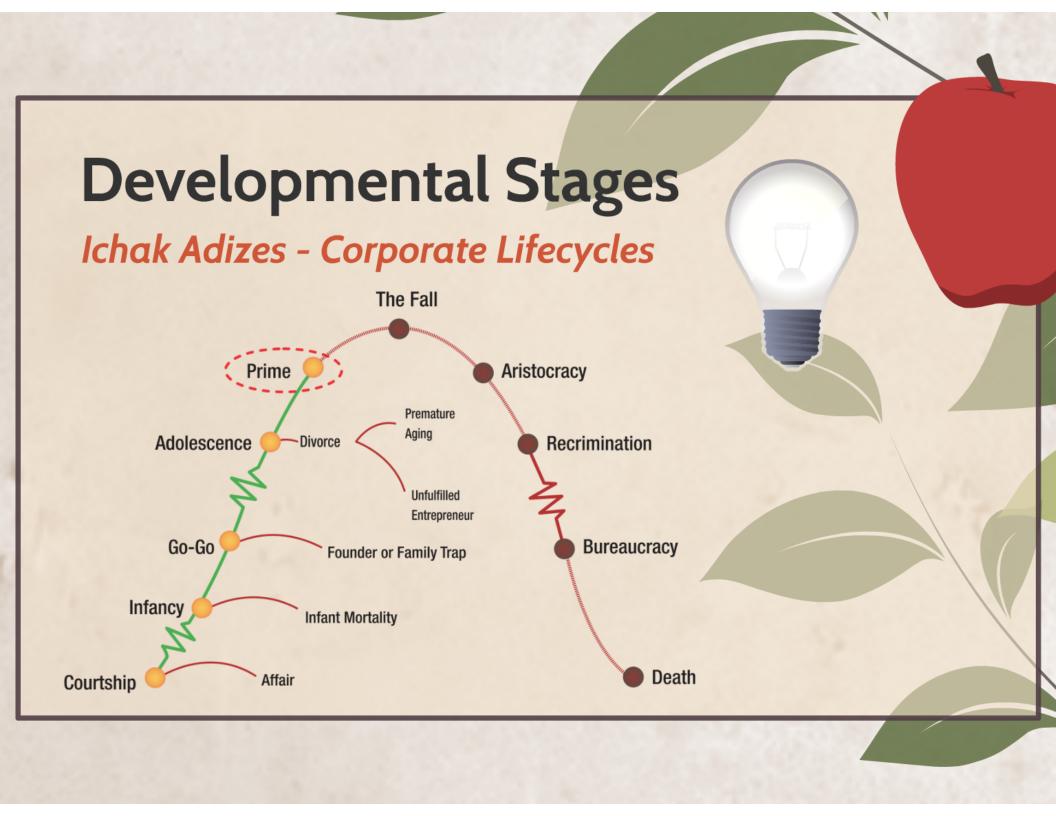
Elliot Jacques - "The Requisite Organization"

- Appropriate & Effective Hierarchy
- Levels of Author & Time Span



# Managerial Hierarchy







Eliyahu Goldratt

Organizations can be measured and controlled by variations of these three measures:

- Throughput
- Operational Expense
- Inventory



# Use the OWIE



- 1. Choose one of your organizations
- 2. In your area of Focus: discuss and determine;

How could you use the OWIE to increase the health of the organization? What:



- Internal
- EAP
- Fee For Service

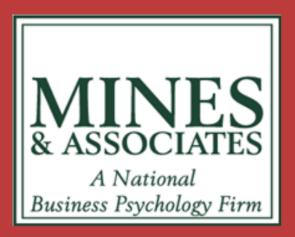


Resources may need to be brought to bear in the process of increased wellbeing

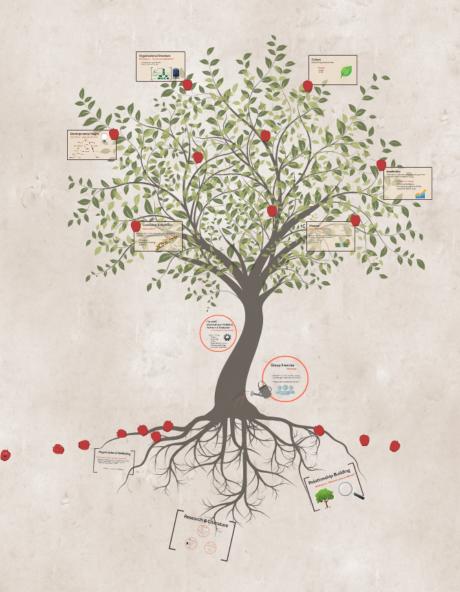
# Thank You!

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