

Employee Assistance & Wellness Programs
Specialty Behavioral Health Network
Managed Behavioral Healthcare
Organizational Development

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YOUR RIGHTS AS A CLIENT | DISCLOSURE STATEMENT

The staff of Mines & Associates, Inc, are either licensed psychologists, social workers, professional counselors, marriage and family therapists or are registered psychotherapists working toward licensure or candidates for licensure under supervision. Please ask your psychotherapist for a description of their degrees, university or college, type of degree awarded, and field or subject matter of degree, their credentials and license(s). You should be aware of your psychotherapist's credentials, training and licenses. All registered psychotherapists in our practice are supervised.

The practice of licensed or registered persons in the field of psychotherapy is regulated by the Mental Health Licensing Section of the Division of Registrations. The Board of Examiners for licensed psychologists, licensed clinical social workers, licensed professional counselors, licensed marriage and family therapists, certified addictions counselors and registered individuals who practice psychotherapy can be reached at 1560 Broadway, Suite 1350, Denver, Colorado 80202, (303) 894-7800. As to the regulatory requirements applicable to mental health professionals:

- **Registered psychotherapist** is a psychotherapist listed in the State's database and is authorized by law to practice psychotherapy in Colorado but is not licensed by the state and is not required to satisfy any standardized educational or testing requirements to obtain a registration from the state.
- **Certified Addiction Counselor I (CAC I)** must be a high school graduate, complete required training hours and 1,000 hours of supervised experience.
- **Certified Addiction Counselor II (CAC II)** must complete additional required training hours and 2,000 hours of supervised experience.
- **Certified Addiction Counselor III (CAC III)** must have a bachelors degree in behavioral health, complete additional required training hours and 2,000 hours of supervised experience.
- **Licensed Addiction Counselor** must have a clinical masters degree and meet the CAC III requirements.
- **Licensed Social Worker** must hold a masters degree in social work.
- **Psychologist Candidate, a Marriage and Family Therapist Candidate, and a Licensed Professional Counselor Candidate** must hold the necessary licensing degree and be in the process of completing the required supervision for licensure.
- **Licensed Clinical Social Worker, a Licensed Marriage and Family Therapist, and a Licensed Professional Counselor** must hold a masters degree in their profession and have two years of post-masters supervision.
- A **Licensed Psychologist** must hold a doctorate degree in psychology and have one year of post-doctoral supervision.

A qualified psychotherapist practices specific methods of treatment and can explain what techniques will be used. Although the exact length of treatment is hard to predict, a psychotherapist will tell you his/her average treatment duration for conditions similar to yours. You have a right to know if other treatments are available. Your psychotherapist can guide you as to the effectiveness of alternatives. Fees for all services will be discussed. You are entitled to know how often you need to pay, whether there are charges for missed appointments and phone calls, and how delinquent accounts are handled. Your psychotherapist may consult with other experts on treatment issues. Our licensed and registered therapists review their clinical cases with their supervisor and staff colleagues as part of our ongoing quality assurance process. You are encouraged to discuss your progress in treatment and are reminded that you may end treatment at any time. You may also seek a second opinion if you wish to do so.

Generally speaking, the information provided to and by a client during therapy is legally confidential except as required by law. If the information is legally confidential, the therapist cannot be forced to disclose the information without the client's consent. There are exceptions which can be discussed and will be identified should any such situation arise during therapy. (Exceptions to confidentiality include "threat of serious harm to self or others," as in the case of child abuse, suicide or grave disability) [cf. Section 12-43-218 of the Colorado Revised Statutes and the HIPAA Notice of Privacy Rights you were provided]. You should also be aware that, except in the case of information given to a licensed clinician, legal confidentiality does not apply in a criminal or delinquency proceeding. If a legal exception arises during therapy, if feasible, you will be informed accordingly. The Mental Health Practice Act (CRS 12-43-101, et seq.) is available at: <http://www.dora.state.co.us/mental-health/Statute.pdf>.

Sexual contact between client and therapist is not a part of any recognized therapy and is never appropriate. Sexual intimacy between client and therapist is illegal in Colorado. If sexual intimacy occurs, it should be reported to the board that licenses, registers, or certifies the licensee, registrant or certificate holder.

I have read the preceding information, it has also been provided verbally, and I understand my rights as a client or as the client's responsible party.

Client Signature (Parent/Guardian for a Minor)

Date

Therapist Signature

Date

White Copy – Therapist Yellow Copy - Client